



ASI WELLNESS, SAFETY, AND SEXUAL ASSAULT AWARENESS

March 28, 2024

University Union, Capitol Room, 3rd Floor

3:00 pm

MEETING MINUTES

The Wellness, Safety and Sexual Assault Committee shall be an advisory board to the Vice President of University Affairs. It will assist in better understanding issues and support of services in the topics pertaining to student safety, wellness and sexual assault. Topics may include basic needs initiatives, mental health resources, campus safety, sexual assault prevention and raising awareness of resources that serve students dealing with any of the issues that ascertain to these subjects. The committee will also serve as a point of contact for University-wide conversations via the Sacramento State Campus Wellness Steering Group regarding students' perspectives on wellness and safety. The committee will also work to ensure that the services and resources on campus regarding these topics are provided and available to all students, and work with relevant campus partners to ensure it.

I. CALL TO ORDER

- a. Call to order at 3:00 pm**

II. ROLL CALL

III. INTRODUCTIONS (FOR NEW MEMBERS)

- a. Name, Major, what makes you want to serve on WSSAA**

IV. DISCUSSION ITEMS

- a. AFSP OUT OF THE DARKNESS WALK**
- b. Continue to work on Fundraising Ideas**
- c. Make a video promoting the walk. Also, we agreed to make a slide post on Instagram with written statements as videos can be nerve-wracking.**
- d. Some words people said: I walk because I want to break the stigma behind mental health. I walk because I want people to know they are not alone in their struggles. I want them to know what they go through is real, especially their feelings. I felt a lot of loneliness growing up and I want others to know they are not alone. I walk because I struggled a lot with anxiety and**



depression in high school, I want to break the stigma behind mental health in many immigrant communities including the Latinx community.

e.

V. ANNOUNCEMENTS/UPCOMING EVENTS

- a. SAAM Month of April. There are a lot of events happening that the Office of Equal Opportunity is putting on. They will be sending out promotional material, a calendar, etc.**
- b. Safety Updates from ESC. Students were concerned about the recent shooting and carjacking that happened near and on campus. Police officers on the ESC share details about the event and what happened. Sac State PD responded to a call for assistance from Sac PD. The vehicle was abandoned in Lot 2. A perimeter was set up near campus but not on campus. Two subjects fled from the vehicle and ran toward the levee where the Highway 50 Avenue bridge is. One officer stayed at the scene to keep the crime scene safe, one officer was stationed by Howe Ave.**

VI. ADJOURNMENT

- a. The meeting adjourned at 3:35 pm.**
- b. The next meeting is Thursday, April 25th.**

Associated Students, Inc. of Sacramento State is committed to providing universal access to all of our events. Please contact Harbir Atwal at h.atwal@csus.edu or 916-278-6784 to request Disability accommodations (e.g., ASL interpretation, wheelchair accessible seating) no later than five (5) business days prior to the event. Advance notice is necessary to arrange for some accessibility needs.