



## **ASI WELLNESS, SAFETY, AND SEXUAL ASSAULT AWARENESS**

**April 25, 2024**

**University Union, Capitol Room, 3<sup>rd</sup> Floor**

**3:00 pm**

### **MEETING MINUTES**

*The Wellness, Safety and Sexual Assault Committee shall be an advisory board to the Vice President of University Affairs. It will assist in better understanding issues and support of services in the topics pertaining to student safety, wellness and sexual assault. Topics may include basic needs initiatives, mental health resources, campus safety, sexual assault prevention and raising awareness of resources that serve students dealing with any of the issues that ascertain to these subjects. The committee will also serve as a point of contact for University-wide conversations via the Sacramento State Campus Wellness Steering Group regarding students' perspectives on wellness and safety. The committee will also work to ensure that the services and resources on campus regarding these topics are provided and available to all students, and work with relevant campus partners to ensure it.*

#### **I. CALL TO ORDER**

- a. **Call to order at 3:00 pm**

#### **II. ROLL CALL**

#### **III. INTRODUCTIONS (FOR NEW MEMBERS)**

- a. **Name, Major, what makes you want to serve on WSSAA**

#### **IV. DISCUSSION ITEMS**

- a. **WRAP-UP & REFLECTION**
- b. **SUGGESTIONS FOR 2024-2025**
- c. **Focus on Mental Health. Focus on the awareness aspect for wellness and safety. Having a booth with food would be helpful. Spreading more awareness of blue light, and awareness of tips about walking at night. (Make a map of the blue lights maybe).**
- d. **Police Mandated alerts: what to after? Give us advice and the next steps on it. Instead of just an alert also give us some steps to move forward.**
- e. **More awareness for resources about healthy eating. The WELL is not just the gym it also has a lot of resources.**
- f. **Sexual Assault Awareness is good so far it has had great outcomes. We can help update the video on consent and alcohol. Reinforce the concepts of consent and the role "bystanders" play. Making videos tailored towards what is practical and emphasizing the resources we have available. What to do when someone is affected by Sexual Assault, what resources does our specific campus have?**



- g. More promotion on Instagram, tabling, and going to certain events like Greek Life.**
  - h. If you want to attempt to create an effect on the state level through advocacy, it is essential to do research and ensure the person you are sending a letter to is passionate about said topic.**
  - i. Promoting the Basic Needs Center would be great as well.**
  - j. Orientation presentations will go over the canvas resource module and promote it to new students.**
  - k. Revolving around the committee focuses. Example: Wellness, Safety, and Sexual Assault are still in focus but there is more emphasis on one for the semester or year.**
- V. ANNOUNCEMENTS/UPCOMING EVENTS**  
**None.**
- VI. ADJOURNMENT**
- a. The meeting adjourned at 3:42 pm.**
  - b. There is no next meeting this is the final one.**

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