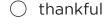# Mood Tracker

Create a color code using the chart on the right. Color a leaf every day with the color that corresponds to your overall mood that day. Print a new sheet every month as needed.

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Color Code

- ○ curious
- ○ relaxed
- ○ agitated
- ○ optimistic
- ○ excited
- ○ confident
- ○ insecure
- ○ anxious
- ○ sad
- ○ apathetic
- ○ confused
- ○ dreamy
- ○ angry
- ○ thankful
- ○ bored
- ○ mischevous
- ○ refreshed

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