

Coleton Matics
ASI Director of Health and Human Services

To: **Alejandro Buenrostro**
 2020 – 2021 ASI Director of Health and Human Services

From: **Coleton Matics**
 2019 – 2020 ASI Director of Health and Human Services

Subject: **End of the Year Report**

Introduction

Alejandro,

Congratulations on being elected the ASI Director of Health and Human Services for the 2020 to 2021 academic year. In this role, you will serve as a vital liaison and representative between the students within the College of Health and Human Services and the rest of Sac State. In this report, I will give you information that I would have liked to know prior to starting. You represent the voice of students within your college, and do not take responsibility lightly. From serving on different committees, to giving presentations for classes, students depend on you to represent them and they look up to you. It is important to talk to your constituents frequently, and to reach out to as many students as possible. Important resolutions and pieces of legislation are discussed in our meetings and they affect students directly. Prior to meetings, it is important to be up to speed on anything about to be discussed and to make sure that you have spoken to students within your college to see their opinions on the matters at hand. While the amount of work in this position may seem daunting, it is also a lot of fun and the people you meet throughout your term are all wonderful friends and resources to have as you all work on bettering Sac State.

Internal Committees

(ASI Scholarship Committee)

The ASI Scholarship Committee is a wonderful committee to serve on. While it is only active for several weeks per semester, the applications you read, and the stories of students are very humbling. It is important to read each application carefully and to grade each essay honestly. I personally dedicated several days to reading the essays and scoring them; however, you could spread them out more if you wish. This committee allows you to be flexible and grade them on your own time – however you see fit.

University Committees

When picking your University Committees, choose ones that interest you and that fit into your schedule. Some meet every other week; some meet once a month or even more frequently. These Committees are a great way to get more students involved and to work on projects that are not directly under ASI's duties.

(Student Health Advisory Committee)

Student Health Advisory Committee, or SHAC, focused on promoting student health and the different resources offered on campus. Throughout most of the year, we were analyzing survey data reported from students primarily about the food quality at Sac State. Before COVID-19, we were forming a new survey to be distributed to students with updated and more specific questions about the nutritional value of food offered on campus. We had several meetings with UEI to present our survey results and to show them what students thought of the food on campus.

(Executive Safety Committee)

The Executive Safety Committee was by far my favorite committee to serve on. This committee was focused on the safety and well-being of students, staff, and faculty at Sac State. This committee consists of many different department heads and individuals vital for the smooth operations of Sac State. Topics of discussion include installing blue safety lights, tree maintenance, chemical distribution in laboratories, active shooter awareness trainings, developing information posters to be used on campus, parking for school buses, and of course, Sac State's response to COVID-19. Towards the end of the Spring 2020 semester, we are meeting to discuss how social distancing could work if classes move back to in person in the Fall of 2020.

Accomplishments

Strategic Priorities

1.1.1 Collaborate with campus partners on an event supporting the need to vote

- “Buzz the Ballot” was held on 2/29/20 in collaboration with RHA/UTAPS at Residence Halls. I attended, advertised on social media and encouraged students to vote.

1.1.2 Support/market voter registration to Sac State students

- I participated in three OGA Voter registration tabling sessions to encourage passing students to register to vote. COVID-19 affected our ability to have more in person tabling events.

2.1.1 Increase number of student participation in Green Team

- I encouraged students in my Joint Council and other committees to join Green Team.

2.2.3 Spotlight one ASI department each month

- We did spotlight several departments, and created videos for them, however we were unable to spotlight one per month and to get actual film students to record and edit the videos.

4.1.1 Promote career/academic focused academic programs

- I personally helped support the efforts and workshops offered by the First Year Experience Program at Sac State. I hosted several workshops specifically for EI Nursing Students that covered the admissions process, the ATI TEAS exam, and health related work experience. I also advertised the Student Success Center located on the third floor of Solano Hall for the College of HHS.

4.1.3 Investigate current strategies being used by departments to support career/academic success

- The Student Success Center for the College of Health and Human Services has a network of Alumni; this center also helps students to explore other career options and provides tutoring for certain courses.

4.1.4 Assess the feasibility of interdisciplinary Alumni/Professional speaker program

- I worked the Director of NSM to put on a joint event with Alumni/Professional Speakers, however it was cancelled due to COVID-19.

Joint Council – The Health and Human Services Joint Council was by far the most difficult aspect of my term. It was difficult for me to get students to attend the meetings and have all the clubs under Health and Human Services represented. Some clubs never answered my emails/messages. It is hard to find a timing for meetings to take place, given everyone’s different schedules and classes. However, the College of HHS was extremely supportive of our meetings and gave us access to a lovely room and snacks at each meeting. Use Hornet Hub to find the clubs, and hopefully their contact information is up to date and the clubs successfully transitioned positions for graduating members.

Noteworthy Events

- August 14th met with Dean of HHS
- August 22nd attended an HHS Faculty meeting with Dean
- August 22nd attended President's address
- August 22nd attended Dreamer Ally training
- August 22nd attended President's BBQ
- September 6th attended DRC Open House
- September 6th gave a classroom presentation in Folsom 1050
- September 12th attended ASI BLOCK Party
- September 12th attended the first Student Health Advisory Committee meeting
- September 17th attended the first Executive Safety Committee meeting
- September 18th attended meet the Deans event
- September 23rd, attended Nuts and Bolts Workshop
- September 23rd, attended Student Wellness and Safety Committee
- September 26th, attended Safe Zone training
- September 26th attended second SHAC meeting
- September 26th attended Student Health Advisory Committee meeting
- September 27th hosted a Nursing Workshop in the FYE
- October 2nd met with Dean of HHS
- October 3rd hosted first HHS Joint Council Meeting
- October 7th Presented during a Nursing Panel (Folsom Hall 1051)
- October 10th Attended Meet the Majors
- October 10th Attended Student Health Advisory
- October 15th attended Executive Safety Committee
- October 17th Health and Human Services Joint Council
- October 21st Folsom Hall 1051 nursing panel and ASI presentation
- October 21st attended Arts and Letters Kick off
- October 25th hosted a TEAS workshop in the FYE
- October 30th Pastries with the President
- October 24th Student Health Advisory Committee
- October 30th Pastries with the President
- November 1st attended CNSA meeting
- November 4th Folsom 1051 Nursing Panel
- November 5th helped lead a Folsom Hall Sim Lab Tour
- November 6th Met with Dean of HHS
- November 7th Helped and attended the Nursing Open House at Folsom Hall
- November ESC meeting
- November 20th OGA tabling
- November 20th HHS Kick Off
- January 16th attended President's Spring Address

- January 16th attended Mid-Year Retreat
- January 23rd attended Census Group Photo Shoot
- January 27th attended HHS Dean Search Committee
- January 30th attended Dean Meeting
- February 6th attended Associate Dean meeting
- February 18th attended Executive Safety Meeting
- February 20th attended Student Health Advisory Committee
- February 21st attended HHS Dean Search Committee
- March 8th attended CHESS Conference
- March 9th held first nursing focus group
- March 24th – Attended a nursing Faculty Teach Zoom

Projects Started / Pending Projects / Recommendations

Continue to support the events of the Student Success Center for the College of Health and Human Services. Here is Raquel's email: quirarte@csus.edu

Also attempt to establish events for Alumni speakers with NSM and other majors! COVID-19 affected our events we had planned.

As far as scheduling events or meetings with your Dean and Associate Deans, or reserving space for your Joint Council, contact Christine: ckeller@csus.edu

Outlook calendar is the most useful resource you'll have! It keeps track of your events, courses and other aspects of your schedule. Take some time each night to check emails and get prepared for the events and meetings that take place the following day.

Conclusion

Once again, congratulations on being elected as the ASI Director of Health and Human Services. As long as you put your all into it and represent students the tasks will be enjoyable and well worth the effort. You are going to do great!