

Ana Gonzalez
Director of Health and Human Services

To: ASI Board of Directors

From: Ana Gonzalez
Director of Health and Human Services

Subject: February- March 2026 Board Report

General Information

Office Hours:

Mondays: 9:00 am to 11:30 am
Tuesdays: 12:30 pm, to 2:00 pm

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University Union, 3rd floor, 3250

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A Message to Our Hornets

Hey Hornets,

Happy Women's History Month and Happy St. Patrick's Day! Today is a great reminder to celebrate strength, resilience, and the impact of those who lead and inspire every day, especially the women in our community who continue to shape the future.

As of today, March 17th, we are 66 days away from graduation on May 22nd. And we are just 67 days away from the second commencement on May 23rd. That time will move faster than you think. Wherever you are in your academic journey right now, whether you feel ahead, behind, or somewhere in between. Take a moment to recognize how far you've come. Be proud of yourself. Growth doesn't always feel big or obvious, but every step forward matters.

Finish strong, stay focused, and continue to lead with purpose. Your effort today is building the future you've been working toward.

Let's keep pushing forward, Hornets!

- Ana Gonzalez

Internal Committee Updates

Health and Human Services Joint Council

Point of Discussion: February 26, 2026 Focused on contribution to developing a Caffeine Consumption Campaign with VPUA committee, aimed at educating students on the effects and nutritional content of popular energy drinks. The team brainstormed interactive engagement strategies, including a social media Instagram Reel (goal: 5,000 views) and student participation activities such as matching caffeine/sugar content to drinks, and short interviews with incentives. The initiative emphasizes awareness, student involvement, and promoting healthier alternatives.

University Committee Updates

Diversity and Equity Committee:

Point of Discussion: March 2nd Discussed progress on the Land Acknowledgement, emphasizing support for its finalization in collaboration with Indigenous Engagement and tribal partners, as well as future implementation across campus. Members also explored considerations around a broader labor acknowledgment and assessed capacity for this work. Additional discussions included emerging faculty-related topics such as student evaluations of teaching (SET), diversity and inclusion efforts within evaluation processes, and planning priorities for the 2026–2027 academic year.

Community Advisory Council Health and Human Services

Point of Discussion: March 4th Updates on key college initiatives, research efforts, and community engagement. Highlights included progress on the Health Hive and the Interdisciplinary Disability Studies minor, along with cohort liaison reports addressing current trends across human services, healthcare, faculty, and communications. The board also reviewed research and collaboration efforts through CHPPR, including follow-ups from the Early Intervention Summit, upcoming events, and development of an interprofessional journal. Additional discussion focused on philanthropy initiatives such as Give Sac State Day, as well as upcoming events and continued opportunities for engagement.

Out of The Darkness Walk Committee:

Point of Discussion: March 12th Focused on advancing outreach, marketing, and event planning efforts for the upcoming campus walk. Key updates included coordination of a potential radio interview and tabling opportunities, continued success of Mental Health Mondays, and development of engagement initiatives such as the honor bead ceremony. Marketing efforts are underway, including educational reels, testimonials, and consistent social media content. The team also discussed strengthening communication through a Teams channel while maintaining meetings, and explored additional initiatives such as a basketball auction and community partnerships to increase participation and awareness.

Student Health Advisor Committee:

Point of Discussion: March 10th Missed due to being ill.

Strategic Priority Updates

Strategic Priorities:

In order to better serve you, the student body of Sacramento State, I am committed to focusing on these priorities this semester. As the semester goes on, I will be providing updates on my progress with the following:

1.0 Innovation and Career Readiness

- Collaborating with the Sacramento Hispanic Chamber of Commerce on *“Empowerment Through Connection: Community Leaders in Business & Culture.”*
- Goal- Connect Latinx and first-gen students with business leaders for mentorship, networking, and professional growth

2.0 Campus Safety

- Collaborating with Combat U and the Union Well to expand access to safety education
- Enhances campus safety, promotes inclusion, and strengthens student empowerment through accessible self-defense education.
- Caffeine Campaign, promoting wellness and

3.0 JEDI- Justice, Equity, Diversity, Inclusion

- Planning multicultural event & Civic engagement

4.0 Financial Affordability and Literacy

- Promoting and posting the Seed Grant Supporting Initiative for Entrepreneurship, which provides students with funding and resources to develop innovative ideas, launch projects, and strengthen entrepreneurial skills that contribute to campus innovation and student success.

5.0 Accessibility and Retention

- In alignment with Strategic Priority 5 on accessibility, retention, and academic success, “Plan Ahead: Registration Readiness” campaign to encourage early student engagement with academic advising, reduce registration stress, and promote proactive educational planning, supported by up to \$250 from Strategic Priority 5 funds for outreach materials and engagement activities.

Office Hours

- *Met with students at ASI office*
- *Sent and responded to emails*
- *Reached out to HHS clubs & Sac State organizations inviting them to events & planning logistics*
- *Emailed HHS Department Chairs*
- *Worked on Strategic Priorities*
- *Planned “Plan your Registration”, “Innovation Through Empowerment” & “Caffeine Campaign”*
- *Updated bulletin board*
- *Worked on ASI Board Report*
- *Partnering in writing legislation*

Meetings, Events, & Presentations

February

- 2/17: Lunar Year Celebration*
- 2/17: HHS & ASI Student Director Meeting*
- 2/18: Board Meeting*
- 2/23: Trustee Lopez Visit Meeting*
- 2/24: NMPD Meeting*
- 2/24: ASI Statement & Collaboration Advice Meeting*
- 2/24: HHS & DJC Meeting*
- 2/26: HHS Joint Council Meeting*

March

- 3/2: CODE Meeting*
- 3/3: Innovation Through Empowerment Event*
- 3/4: 2026 Spring Research Symposium*
- 3/9: Shattuck Symposium Rehearsal*
- 3/10: Hoan & HHS Meeting (missed due to being ill)*
- 3/10: SHAC Meeting (missed due to being ill)*
- 3/11: HHS & ASI Student Director Meeting*
- 3/11: ASI & HHS Raquel Meeting*
- 3/11: Tech Rehearsal*
- 3/16: Her Table Lunch*
- 3/17: Grad Fest*
- 3/18: Shattuck Symposium Event*
- 3/18: Board Meeting*
- 3/22: CHESS Summit*
- 3/23: Advocacy Day at Capitol*