

**Ana Gonzalez**  
Director of Health and Human Services

**To: ASI Board of Directors**

**From: Ana Gonzalez**  
Director of Health and Human Services

**Subject: January- February 2026 Board Report**

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### **General Information**

**Office Hours:**

Mondays: 9:00 am to 11:30 am  
Tuesdays: 12:30 pm, to 2:00 pm

ASI Student Government Office  
University Union, 3rd floor, 3250

**Contact Information:**

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### **A Special Note to Our Hornets**

Welcome back, Hornets!

I hope you had a relaxing and enjoyable holiday break and were able to take some time for yourself before the start of this new semester. It's truly great to see campus lively again and to feel the energy that a new spring semester brings.

Whether this is your first semester at Sac State or one of your final ones, I hope this term brings you growth, meaningful connections, and progress toward your goals. Spring is always a reminder that new opportunities are ahead, in the classroom, on campus, and within our community.

Wishing you all a strong, successful, and fulfilling semester. I'm excited for what's to come!

- Ana Gonzalez

### **Internal Committee Updates**

Health and Human Services Joint Council  
*Point of Discussion:* First Meeting Thursday 2/26

## **University Committee Updates**

Diversity and Equity Committee:  
*Point of Discussion:* Cancelled meeting 2/2, waiting for rescheduled date.

Community Advisory Council Health and Human Services  
*Point of Discussion:* Center for Health Practice, Policy, and Research (CHPPR) will host a Spring 2026 webinar titled “California Department of Developmental Services & Higher Education: Building Capacity Together” on April 24, 2026, from 12:00–1:15 PM via Zoom. This event is complimentary for students, staff, faculty, and community members thanks to the generous support of CHPPR contributors, and it aims to foster collaboration and strengthen partnerships between higher education and state services.

Student Health Advisor Committee:  
*Point of Discussion:* First meeting 2/10. The Student Health Advisory Committee (SHAC) will meet during Spring 2026 on February 10th, March 10th, April 14th, and May 12th. The AY 2025–2026 committee includes Officer Co-Chairs Lissett Cruz and Hiwa Fatanum, Officer Secretary Kollins Pettaway, Faculty Senate Appointed Representative Dr. Jenny Wagner, ASI Board Appointed Representative Ana Gonzalez (ASI Director of Health & Human Services), and SHCWS Advisor Emily Tupper. This semester, SHAC will focus on strengthening collaboration among representatives, expanding campus outreach opportunities, and developing engaging wellness initiatives such as cooking demonstrations and other health education programming to better support student well-being.

Out Of The Darkness Walk Committee: First Meeting 1/13. The OOTD committee met from 10:00–11:00 AM to review the meeting agenda, introduce members, and confirm workgroup assignments. The team shared updates on the Sac State registration page and current event progress, followed by discussions on next steps and project timelines. The Logistics and Marketing workgroups provided updates on planning efforts, and the meeting concluded with Q&A and coordination of the next meeting date.

## **Strategic Priority Updates**

To achieve the ASI goal of serving the diverse needs of students I contributed in the development of our 2025-2026 Strategic priorities. Below you will see the ones I will be focusing and collaborating on.

### **1.0 Innovation and Career Readiness**

- Collaborating with the Sacramento Hispanic Chamber of Commerce & Alpha on “*Empowerment Through Connection: Community Leaders in Business & Culture.*”
  - Goal- Connect Latinx and first-gen students with business leaders for mentorship, networking, and professional growth
- 2.0 Campus Safety
- Collaborating with Combat U and the Union Well to expand access to safety education
  - Enhances campus safety, promotes inclusion, and strengthens student empowerment through accessible self-defense education.
  - Caffeine Campaign, promoting wellness and
- 3.0 JEDI- Justice, Equity, Diversity, Inclusion
- Planning multicultural event & Civic engagement
- 4.0 Financial Affordability and Literacy
- Promoting and posting the Seed Grant Supporting Initiative for Entrepreneurship, which provides students with funding and resources to develop innovative ideas, launch projects, and strengthen entrepreneurial skills that contribute to campus innovation and student success.
- 5.0 Accessibility and Retention
- In alignment with Strategic Priority 5 on accessibility, retention, and academic success, “Plan Ahead: Registration Readiness” campaign to encourage early student engagement with academic advising, reduce registration stress, and promote proactive educational planning, supported by up to \$250 from Strategic Priority 5 funds for outreach materials and engagement activities.

### **Office Hours**

- *Met with students at ASI office*
- *Sent and responded to emails*
- *Reached out to HHS clubs & Sac State organizations inviting them to events & planning logistics*
- *Emailed HHS Department Chairs*
- *Worked on Strategic Priorities*
- *Planned “Plan your Registration”, “Innovation Through Empowerment”, “Caffeine Campaign” & “Out of the darkness walk” events*
- *Updated bulletin board*
- *Worked on ASI Board Report*
- *Partnering in writing legislation*

### **Meetings, Events, & Presentations**

January:

*1/13: Out of the Darkness Walk Committee Meeting*

*1/21: Midyear Board Retreat*  
*1/28: ASI Working Board Meeting*  
*1/27: Visitation of Open House APIDA Center/Carcs*  
*1/29: Basketball Game w/president Suite*  
*1/30: Capital Press Conference \$50 million dollar donation*

February:

*2/2: Plan Your Registration Event Meeting with Registers Office*  
*2/3: ASI Board Secretary Interview*  
*2/4: ASI Board Meeting*  
*2/5: Plan Your Registration Event Meeting with Financial Aid Office*  
*2/9: Plan Your registration Event Day 1*  
*2/10: Plan Your Registration Event Day 2*  
*2/10: SHAC Meeting*  
*2/11: Plan Your Registration Event day 3*  
*2/11: ASI Working Board Meeting*  
*2/11: Met w/Arleen HHS President to plan next HHS Joint Council Meeting & agenda*