

To: ASI Board of Directors

From: Coleton Matics
Director of Health & Human Services

Subject: November 2021 Board Report

General Information

Office Hours:

Mondays 1:00pm to 3:00pm

Wednesdays 12:00pm to 2:00pm

*To meet outside of these scheduled hours, please contact me with the information below.

Contact Information:

Email: asihhsdirector@csus.edu

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A Message to my Constituents

Hornets,

As the semester continues to progress and come closer to the finish, I would like to remind our students of the importance of prioritizing mental and physical health as we approach stressful exams, projects, and finals. The Student Health and Counseling Services is available for appointments and offers counseling, health, pharmacy, sexual violence support, and wellness education services for students. The ASI Food pantry on campus also offers food and basic necessities to students at no cost.

November has been an extremely busy month filled with grading scholarships and attending meetings to help complete our strategic priorities for the year. I will work with the ASI Board to disseminate potential upcoming updates and guidelines to our students regarding COVID-19 and the Spring semester.

As always, if you or a student you know are experiencing any hardships and require assistance do not hesitate to reach out to myself or another board member. We are here to assist you! Have a wonderful Thanksgiving break.

Internal Committee Updates

- ***Student Academic Senate***
 - *Working on a Basic Needs Subcommittee to:*
 - *Collect data on the cost of living in the campus area, survey Sac State students on the cost of housing and food prices on campus.*
 - *Implement information on the Food Pantry into First Year Seminar Courses.*
- ***Memorial Scholarship Committee***
 - *Scholarships graded and submitted to Joseph Sais (ASI EVP). Committee complete.*
- ***Lobby Corps***
 - *Received a presentation on ways to advocate as well as practice mock activity visits.*

University Committee Updates

- ***ASI Aquatic Center Advisory Committee***
 - *Met to discuss recent projects that improve the facility as well as upcoming strategic priorities for 2022.*
 - *Expected need for employees in 2022.*
- ***Honorary Degrees Committee***
 - *Honorary Degrees nominations submitted.*
 - *Committee complete.*
- ***Anchor University Committee***
 - *K-12 Subcommittee working on outreach and support to local schools in the area.*
 - *Continuing to advocate for collaboration between ASI Peak Adventures and Aquatic Center with surrounding schools in the area.*
 - *Personally visited Dixon High School with Men In Nursing (MIN) to present on Sac State's Nursing Program and ASI resources.*
- ***Health and Human Services Joint Council***
 - *Hosted the HHSJC Kick-Off event on November 18th.*
 - *Presented on ASI to the HHSJC.*

Strategic Priority Updates

- ***1.1.3 Promote Alumni Center & Alumni Associations' initiatives on social media***
 - *Promoted two Alumni Center events on social media, will continue to support.*
- ***1.2.1 Host at least (2) two academic specific events***
 - *Planning an HHS event providing free meals to students at Solano Hall.*
 - *Planning an event with HHS and other Directors on a major fair for students.*
- ***1.3.1 Promote internship, job & volunteer opportunities on social media***
 - *Will continue to support.*

- **2.1.2 Promote financial resources through social media and marketing**
 - o Promoted one HEERF Grant flier from the CARES office. Will continue to support.
 - o Promoted ASI scholarships and deadlines.
 - o Will continue to support.
- **2.2.1 Advocate for student wellness regarding COVID-19**
 - o Met with Reva Wittenberg and Lara Falkenstein twice to determine the best ways for ASI to promote student wellness regarding COVID-19.
 - o Working on current templates for ASI to use when needed to advertise updated information from the university and the health center.
- **4.1.2 Promote ASI positional accounts**
 - o Will continue to support.
- **4.2.1 Partner with Anchor University committee to expand our influence in the Sacramento community**
 - o Attending meetings regularly to expand Sac State's influence in the community.
 - o K-12 Subcommittee working to bring paid opportunities and internships for Sac State students in the K-12 system.
- **4.4.1 Increase student engagement with CSSA through their meetings and initiatives**
 - o Will support as the semesters progress and events occur.
- **5.1.1 Share Food Pantry & Free Groceries Pop Up information**
 - o Advertised the ASI Food Panty via social media including the location, hours, and available resources.
- **5.1.2 Support CARES office on housing initiatives**
 - o Will continue to support throughout the year.
- **5.1.4 Promote and advocate for initiatives to bridge the digital divide**
 - o Will continue to support throughout the year.

Office Hours

- Memorial Scholarships grading and other duties including meetings and outreach to students.
- Met with students regarding concerns for limited sections of courses within HHS.
- Planned the HHSJC Kick-Off event.

Meetings, Events, & Presentations

*In chronological order, does not including office hours or students met during office hours.

November 2021

- 11/01/21 Attended Nursing Undergraduate Committee meeting.
- 11/01/21 Attended Honorary Degrees Committee meeting.
- 11/03/21 Met with Associate Dean of HHS, Robert Pieretti.
- 11/03/21 Met with Reva Wittenberg to discuss advocating for student wellness regarding COVID-19.
- 11/03/21 Attended the ASI working board meeting.
- 11/03/21 Attended Student Academic Senate meeting.
- 11/04/21 Attended ASI's 65th Anniversary Panel.
- 11/04/21 Attended Lobby Corps meeting.
- 11/04/21 Attended HHSJC first meeting and presented on ASI.
- 11/08/21 Attended Anchor University Advisory Council meeting.
- 11/10/21 Attended the ASI formal board meeting.
- 11/12/21 Attended FYE Meet the Majors Virtual Event and presented on ASI.
- 11/12/21 Met with Reva Wittenberg and Lara Falkenstein to discuss advocating for student wellness regarding COVID-19 and ways ASI can support.
- 11/15/21 Visited Dixon High School to present on Sac State's Nursing Program and ASI programs and resources.
- 11/15/21 Met with ASI President on BOD evaluation.
- 11/15/21 Met with Inclusive Excellence Director Robert Reyes.
- 11/17/21 Attended Student Academic Senate meeting.
- 11/17/21 Attended the ASI working board meeting.
- 11/18/21 Hosted the Health and Human Services Joint Council Kick-Off Event.
- 11/18/21 Attended HHS Anti-Racism Task Force meeting.
- 11/18/21 Attended Honorary Degrees Committee meeting.
- 11/18/21 Attended Lobby Corps meeting.
- 11/22/21 Attended ASI Fall Aquatic Center Advisory Committee meeting.
- 11/24/21 Met with HHS Associate Dean and Dean.