



Isha Bindal
Director of Natural Sciences and Mathematics

To: ASI Board of Directors

From: Isha Bindal

Director of Natural Sciences and Mathematics

Subject: October 2021 Board Report

General Information

Office Hours:

Monday: 3:00 pm - 5:00 pm

Room 3250, Government Office, 3rd Floor, University Union

Tuesday : 1:45 pm - 2:45 pm

Room 3250, Government Office, 3rd Floor, University Union

Thursday : 1:45 pm - 2:45 pm

Room 3250, Government Office, 3rd Floor, University Union

*Available on Zoom outside of office hours by appointment

Contact Information:

Email : asi-nsmd@csus.edu

Instagram: [@sacstateasinsm](https://www.instagram.com/sacstateasinsm)

A Special Note to Our Hornets

Fellow Hornets,



Isha Bindal

Director of Natural Sciences and Mathematics

I hope that all of you are doing well as the semester progresses! I, for one, can't believe that midterm season is here already and we're halfway through the semester. So, kudos to all of us for getting this far!

Considering the times that we are living in, I know it hasn't exactly been easy for anyone, which is why I want to highlight a campus resource that you can utilise if you feel like you need help -

Student Health And Counseling Services (located in the Well), and this is their contact information :

Phone: (916) 278-6461

Website: <https://www.csus.edu/student-life/health-counseling/>

Hours: Monday - Thursday: 8:30 a.m. - 5:00 p.m , Friday: 9:30 a.m – 4:00 p.m

My office hours are listed above, and feel free to drop by or schedule a meeting with me if you need anything, and I will try to assist you as best as I can.

I highly encourage you to attend the weekly ASI Board of Directors Meetings (Wednesdays, 3pm - 5pm, Green & Gold Room, University Union) and please don't hesitate to voice any questions, concerns or opinions that you might have!

Wishing you all good luck on midterms and a great rest of the semester!

Best,

Isha Bindal



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Internal Committee Updates

Student Wellness, Safety and Sexual Assault Awareness Committee

Had two meetings this month - October 8 and 22.

Committee name was officially changed to “Student Wellness, Safety and Sexual Assault Awareness Committee.”

Recruited new students to serve on the committee and fill positions.

Discussed ways of reaching out to students about wellness resources on campus.

University Committee Updates

Asian Pacific Islander Desi American (APIDA) Centre Planning Committee

Had a meeting on October 5th, and discussed the goals and objectives for the APIDA Centre moving forward.

Grade Appeals Panel

Had a meeting on October 15, and evaluated the two grade appeals we had for the semester and sent our recommendations.

Strategic Priority Updates :

1.1.3 Promote Alumni Center & Alumni Associations’ initiatives on social media

1.2.1 Host at least (2) two academic specific events

~ Discussed the possibility of hosting an academic event before finals on alleviating testing anxiety and exam preparation.

1.3.1 Promote internship, job & volunteer opportunities on social media

~ Shared resources for on campus job opportunities on Instagram.

1.3.2 Collaborate with campus partners to support their efforts with internship and volunteer opportunities

2.1.2 Promote financial resources through social media and marketing

~ Promoted ASI scholarships and other resources like CARES office on Instagram.

2.2.1 Advocate for student wellness regarding COVID-19

3.2.1 Advocate for culturally competent & diverse mental health counsellors

~ A meeting with the President and Cares Office stakeholders was held which discussed diverse hiring and cultural competency training for existing counsellors.

3.4.2 Explore, with campus partners, the establishment of healing circles

4.1.2 Promote ASI positional accounts

~ Gained 19 new followers on my ASI positional account this month.

4.4.1 Increase student engagement with CSSA through their meetings and initiatives

5.1.1 Share Food Pantry & Free Groceries Pop Up information

~ Made a promotional reel for the ASI pop up pantry and shared the ASI food pantry information on Instagram.

5.1.2 Support CARES office on housing initiatives

5.1.3 Work with campus administration to advocate for state Basic Needs and mental health funding allocation.

~ A meeting to discuss the allocation of State Mental Health and Basic Needs funds was held and different ideas were shared

5.1.4 Promote and advocate for initiatives to bridge the digital divide

Office Hours

Office hours are held in Room 3250, Government Office, 3rd Floor University Union.

Office hours are posted on [ASI Website](#).

List activities that took place during office hours :

- Compiled information for the October board report



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- Replied to ASI related emails
- Organized NSMJC re-establishment meetings

Meetings, Events, & Presentations

List the events, presentations, and meetings I attended, below.

September 2021

- 22 ASI Board Meeting
- 29 ASI Board Meeting
- 30 Meeting on State Mental Health Funding

October 2021

- 4 Meeting with NSM Club Advisor, Mr. Joey Sammu
- 4 Meeting with Associate Dean of NSM, Dr. Yinfa Ma
- 5 APIDA Council Meeting
- 6 ASI Board Meeting
- 7 ASI Day On The Quad
- 8 Student Wellness, Safety and Sexual Assault Awareness Committee
- 11 Classroom Presentation
- 13 ASI Board Meeting
- 15 Grade Appeals Panel Meeting
- 20 ASI Board Meeting
- 22 Student Wellness, Safety and Sexual Assault Awareness Committee
- 25 Dreamer Ally Training

Campus Events



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October 2021

- 7 ASI Day On The Quad
- 17 Peak Adventures Corn Maze Trip
- 22 Silent Disco

NSM Academic Council

Meetings were held on September 28, October 12 and October 26.

The following update is from my designee - Kacey Sozzi, who can be reached at ksozzi@csus.edu :

Meetings have provided information about upcoming campus events, such as the NSM College Research Symposium which was on October 21 and the university wide Student Poster Forum hosted by the Student Research Center which is on November 5.

The council has also presented the intention of more in-person classes for the college in the upcoming semester. Also, COVID-19 vaccination status and student requirements for attending in-person classes was discussed in the meeting on 9/28.

Other than those major announcements, the Academic Council's main discussion has been focused on revising and editing the college RTP documents and making appropriate clarifications. If anyone wishes to view the meeting agendas or minutes, you can access those using this link on the university website: <https://www.csus.edu/college/natural-sciences-mathematics/internal/nsm-admin-council.html>



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NSM Joint Council

Turned in the official re-establishment form for the NSMJC, and awaiting confirmation from Student Organisations & Leadership.

In the process of planning the Joint Council Kick Off event as well as the first NSMJC club meeting in November.