

# ASI Food Pantry Volunteer Orientation

Associated Students, Inc.



# Background information

- Our Purpose
- Defining Food Insecurity
- Sac State's Food Insecurity

# Our Purpose



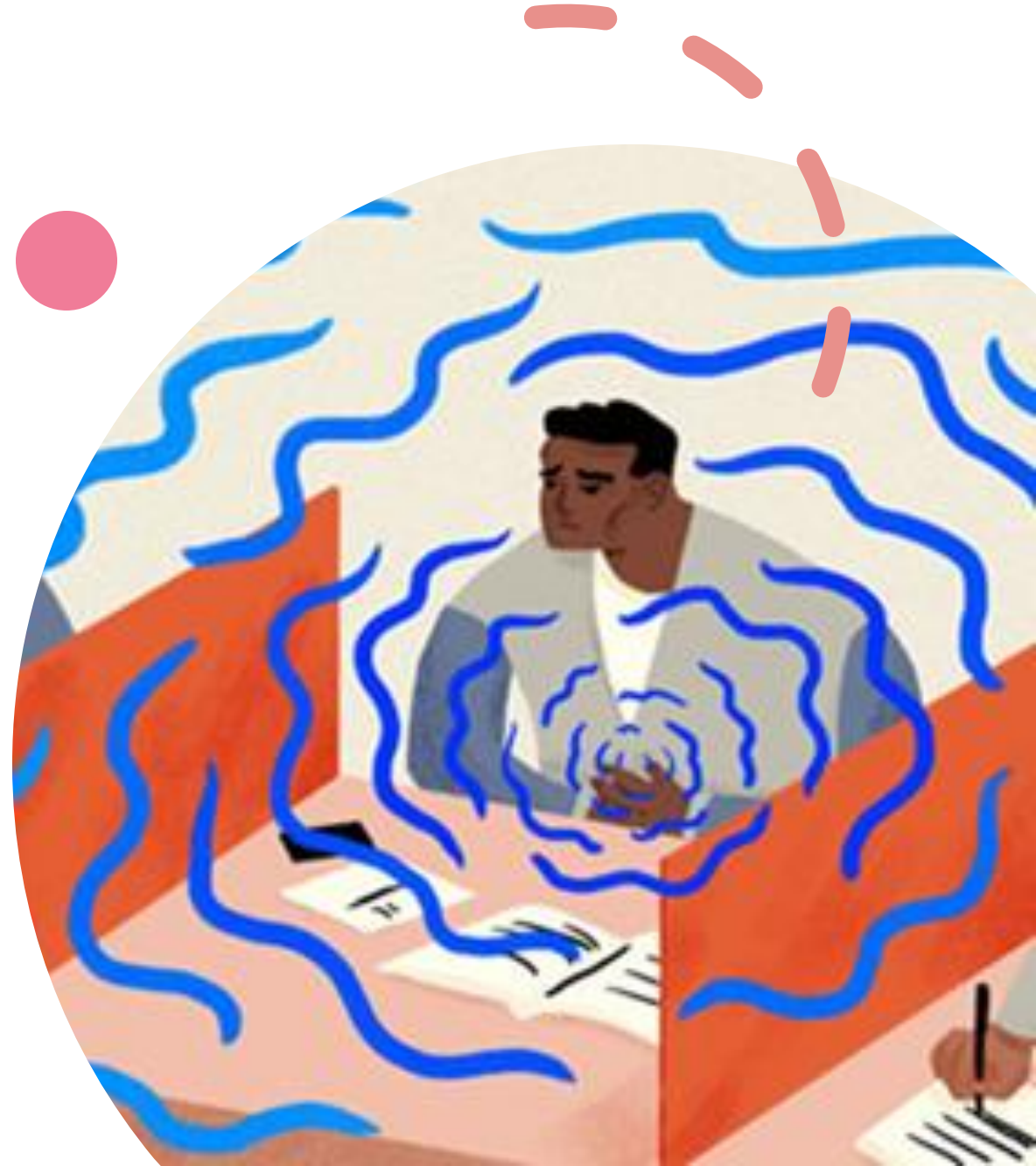
Our purpose at the ASI Food Pantry is to help alleviate the hunger crisis on campus and decrease the negative impact that food insecurity has on the academic success of our student community



The ASI Food Pantry provides food and basic necessities, at no cost, to Sac State students facing financial challenges and food insecurity. We also connect students to additional resources on & off campus for further assistance.

# What is "Food Insecurity"

- Food insecurity is a situation when an individual has very limited or uncertain access to nutritious and safe foods because of lack of money or other resources.
- Students who suffer from food insecurity are more likely to have lower grade point averages than students who do not experience food insecurity.
- These students also tend to suffer from anxiety, fear, fatigue and suicidal feelings

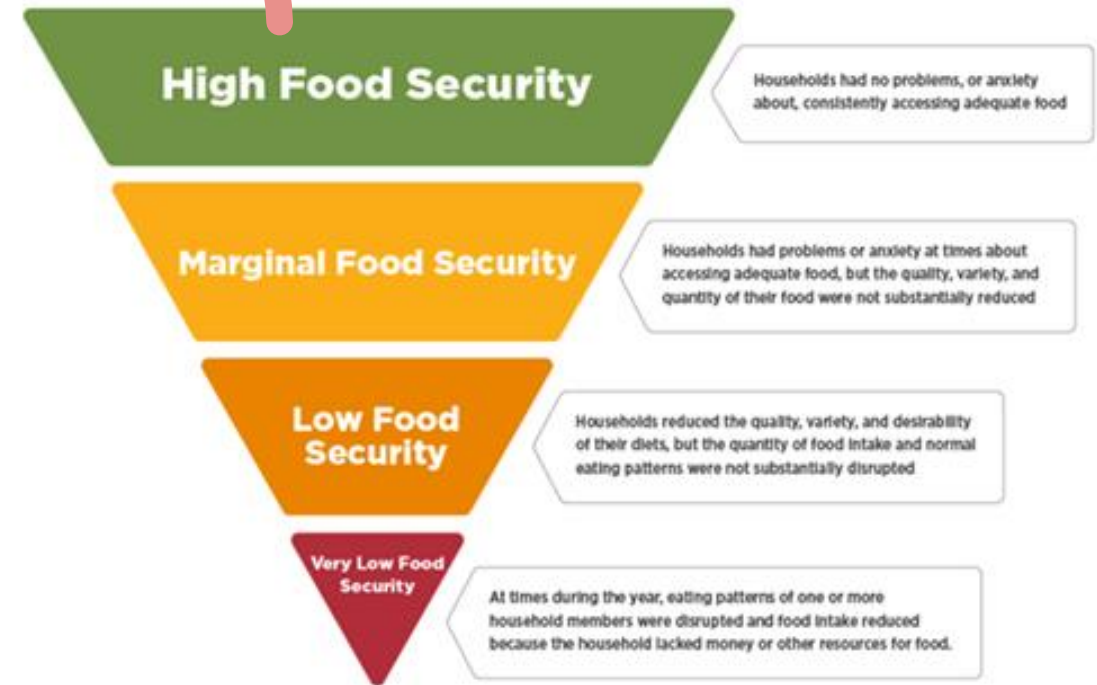




# Sac State's Food Insecurity

At Sacramento State:

- 47% of students said that they struggle with food insecurity
- 12.6% of students say they experienced homelessness at some time in their college careers



Source: Adapted from the USDA Economic Research Service.



# Food Pantry Volunteer

- Brief Description
  - Responsibilities
    - Roles
  - Who can volunteer?
- 



# Food Pantry Volunteer Description

- Under direct supervision of the ASI Food Pantry Coordinator and Food Pantry Assistant, Food Pantry Volunteers support the mission of the ASI Food Pantry by donating valuable time and energy to help operate the pantry, communicate with student users, assist with stocking, and distribute food during Free Groceries Pop Ups.

# Volunteer Responsibilities



To support the mission of the ASI Food Pantry



To be kind, understanding, and compassionate to all clients



To participate in orientation and training programs



To ask questions about things not understood



Communication is key!



To respect confidentiality



To contribute ideas and knowledge



Occasionally lift up to 30lbs to receive and organize donation items



# 3 Main Roles

**Food Pantry Volunteer:** Assist during open hours at the Pantry. Volunteers will greet and help students when they come in, pay attention to the specific needs of each student, explain what the ASI Food Pantry is and how it works & help keep shelves neat and organized.

**Stocking Volunteer:** Help unload deliveries into the ASI Food Pantry. Volunteers will help sort through items, label items and organize the food onto the shelves.

**Pop Up Volunteer:** Help during the Free Groceries Pop Ups. Volunteers will be hands on with produce distribution.





## Who can volunteer?

Anyone over 18 years old can volunteer. You do not have to be a Sac State Student to volunteer.

Volunteers will be required to show proof of covid-19 vaccination status

Students who need to fulfill service-learning credit are encouraged to volunteer

Anyone passionate about alleviating hunger within our student community!

The image features a large white circle centered on a solid purple background. A dashed purple line arcs across the upper-left portion of the white circle. A solid purple dot is positioned on the lower-right edge of the white circle. The text "Volunteer Policies" is centered within the white circle in a bold, black, sans-serif font.

# Volunteer Policies



# Policies

## Towards Clients

- Be respectful, courteous and cordial
- Greet and help students when they come in
- Pay attention to specific needs of each student

## Confidentiality

- Do not give out any personal information regarding students
- If you see student clients outside of Pantry, only engage with them about the Pantry if they initiate that conversation



# Policies Cont.

## Dress Code

- Dress neatly and appropriately
- Be conscious of personal hygiene and potentially offensive clothing
- Closed toed shoes **MUST** be worn at all times for **your safety!**

## Cell Phone Usage

- Please do not use your cell phone while at the Pantry
- If cell phone use is necessary, find a private space or go outside once you have finished helping the students





# Policies Cont.

## Drug and Alcohol Use

- Volunteers will be dismissed immediately if found to be under the influence of any illegal substance
- You may not bring any drugs or alcohol to the pantry premises under any circumstance

## Hygiene


- Volunteers must wash their hands!
- If restroom is not accessible (Pop Up) make sure to utilize hand sanitizer
- Wear a face mask (covid)

## Attendance

- If you are absent to 2 or more of your shifts, we will assume your absence as a disinterest and cancel the rest of your hours for the semester.



# The ASI Food Pantry

- Hours & How it works
  - Free Groceries Pop Up
  - Sign Up to Volunteer
- 



# ASI FOOD PANTRY

for Sac State students with financial hardships and limited food resources

University Union 1246

(Enter through the side of the Union across from Santa Clara Hall)

Fall 2021: 8/30–12/17      Closed: 9/6, 11/11, 11/25, 11/26

Monday      12pm–3pm

Tuesday      10am–2pm

Wednesday      1pm–5pm

Thursday      12pm–3pm

Friday      10am–2pm

Sac State students in need can visit the ASI Food Pantry once each week with a valid **OneCard** & a **reuseable bag**



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## USING THE ASI FOOD PANTRY

- 1 Students in need of food assistance are allotted **one visit per week**.
- 2 Items are separated into four color categories and **students may take up to the following amounts**:

02 BLUE ITEMS



04 GREEN ITEMS



03 YELLOW ITEMS



02 RED ITEMS



## MAKE A DIFFERENCE

### DONATE

The ASI Food Pantry welcomes any donations of non-perishable food and toiletries. Visit our website for details on how to donate.

### VOLUNTEER

Lend a helping hand by volunteering at the ASI Food Pantry. Sign up on the Food Pantry website.

[www.asi.csus.edu/foodpantry](http://www.asi.csus.edu/foodpantry)

Due to uncertainty surrounding the Covid-19 pandemic and air quality, we are subject to close unexpectedly. Please check our website before visiting.



A service of

 **asi**  
**foodpantry**  
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**Library Quad**  
**10:30am-1:30pm**  
or until supplies last

**Fresh produce & groceries at no  
cost to Sac State students in need**

Free Groceries Pop Up is a separate and additional resource of the ASI Food Pantry. To learn more about the ASI Food Pantry, visit <https://asi.csus.edu/asi-food-pantry>.

**FALL 2021 DATES:**

- September 13th, 27th
- October 11th, 25th
- November 8th
- December 6th

Due to the uncertainty surrounding the COVID-19 pandemic and air quality, this event is subject to cancel unexpectedly. Please check out our website before attending.

# Sign Up To Volunteer



<https://asi.csus.edu/post/asi-food-pantry-volunteer-opportunities>



Sign up is separated into one-hour increments. Sign up for as many hours as you are available and interested in.



Thank you for your support!



# Questions?

Email: [asi-foodpantry@csus.edu](mailto:asi-foodpantry@csus.edu)

<https://asi.csus.edu/asi-food-pantry>